2022

THE 15TH KOREA-AMERICA STUDENT CONFERENCE

Handbook



2022 Summer Conference Theme

Multifaceted Identities: Discovering Self Through Technology, Community, and Society to Create Sustainable Legacies

Virtual Conference Dates and Times: July 11th, 2022 - August 4th (US)
MON-THU @8-11PM EST
TUE-FRI @9AM-12PM KST



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About International Student Conferences (ISC) and KASC

International Student Conferences, Inc. (ISC) is a non-profit organization headquartered in Washington, DC that operates educational and cultural exchange programs for university students from the US, Japan, Korea and China. ISC programs provide an intensive, TIME-long experience in which students from the U.S., and a partner country live, travel, work, and study together in a conference-like setting. What makes ISC programs unique is that, ever since its founding in 1934, ISC conferences are entirely planned and administered by the students themselves. This ensures its vitality and ongoing relevance among today's promising youth upon whom the world depends tomorrow. The students host roundtables, field trips, seminars, and distinguished speakers, working together on the goals of mutual understanding, forming lasting friendships, gaining trust, and fostering international peace during their lifetimes. Every ISC gathering is characterized by full and frank discussions, undertaken with the spirit of understanding each other's point of view.

The US-Korea alliance is a vital strategic relationship. As such, a new generation of leaders in business, government, and academia must foster strong personal connections to ensure lasting bilateral ties. The Korea-America Student Conference (KASC) helps build these connections for students, guiding them in developing not only leadership skills, but also a genuine understanding of one another. KASC is conducted in English and brings together student leaders studying in the United States and Republic of Korea for an academic and cultural program exploring US-Korea relations. Students live, travel, work, and bond as a unified group, building close ties and friendships that last a lifetime.



ISC Staff and Contact Information



Bahia Simons-Lane
ISC Executive Director
Email: bsimonslane@iscdc.org

Bahia Simons-Lane is the Executive Director at the International Student Conferences (ISC). Ms. Simons-Lane held the position as Executive Director of the nonprofit organization the U.S. Japan Exchange and Teaching (JET) Programme Alumni Association for four years.

In this role, she furthered U.S.-Japan relations by supporting the network of more than 36,000 alumni of the Japan Exchange and Teaching (JET) Program in the United States. USJETAA programs support JET alumni, regional JET alumni associations, and current JETs. The organization also facilitates cooperation and communication among the 19 U.S. JET alumni associations and with the business and academic communities, governments of Japan and the United States, U.S.-Japan related organizations, and the global Japanese community.

Simons-Lane was an English teacher in Japan with the JET Program from 2005 to 2007 and then the assistant language teacher (ALT) advisor for the Gunma Prefecture Board of Education, Compulsory Education Division. When she returned to the United States, she became president of the Florida JET Alumni Association. She held this volunteer position for 5 years, developing a deep understanding of the needs of grassroots alumni efforts and working with JETAA officers to grow the chapter membership, strengthen ties with the Japanese community in Florida, and expand the digital reach of the chapter.



ISC Staff and Contact Information

Previously, Ms. Simons-Lane has worked as a graduate research assistant at the Office of Global Learning at Florida International University (FIU), editorial assistant for the Comparative and International Education Society, and office manager and then marketing analyst for a software and consulting company based in Washington, DC.

Ms. Simons-Lane holds a B.A. and graduate certificate in Theater Arts from the University of California – Santa Cruz. She earned her M.S. in International and Intercultural Education in 2014 at Florida International University where she is currently pursuing her Ph.D. in International and Intercultural Education. Her dissertation research is on the global competencies of FIU alumni who earn the Global Learning Medallion.



ISC Staff and Contact Information



Sangwoo Kim
ISC 2021-2022 Intern
Email: swkim@iscdc.org

Sangwoo Kim is an intern at International Student Conferences (ISC). His main responsibility is as the advisor to the 15th Korea-America Student Conference (KASC). At the same time, he also provides advice to Japan-America Student Conference (JASC) and China-America Student Conference (CHasc) besides KASC.

Sangwoo earned his bachelor's degree in Social Welfare and English at Gangseo University and is currently studying at the KDI School of Public Policy and Management where he is aiming to obtain his master's degree in Development Policy. His degree concentration is on both 'Sustainable Development' and 'Data Science for Public Policy and Management'. He is interested in gender issues under dictatorships and in conflict zones. He is currently conducting an in-depth research project on gender quotas in legislatures to delve into the economic and political impacts due to gender quotas by comparing democratic and authoritarian states in Africa using quantitative methods. He is skilled in Data Visualization, Network Analysis, and Machine Learning through Python, STATA, and R.

Sangwoo participated in the 13th KASC as a Korean Delegate and served as the Korean Chair for the 14th KASC. Through the experience as a KASC Delegate and Executive Committee member he gained global leadership, academic knowledge, and cultural background. On the basis of that experience, he is working at ISC as an intern to contribute to the next international conference and help the conferences Executive Committee members. Sangwoo can be contacted at swkim@iscdc.org.



KASC 15 Executive Committee and Contact Information



Elisabeth Sudbey American Chair RT: History

Email: esudbey.kasc15@gmail.com



Seoyoun Lee Korean Chair RT: Society / Social Justice Email: sylee.kasc15@gmail.com



Laurel Murphy
American Vice Chair
RT: Nature / Environment
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Yeryeong Ka Korean Marketing Chair RT: History Email: yrka.kasc15@gmail.com



Abhi Suresh
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RT: Society / Social Justice
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Yujung Kim
Korean Recruitment Chair
RT: Nature / Environment
Email: yjkim.kasc15@gmail.com



Gina Egitto
American Marketing Chair
RT: Nature / Environment
Email: gegitto.kasc15@gmail.com



Iyana Stringer
American Recruitment Chair
RT: Society / Social Justice
Email: istringer.kasc15@gmail.com



Who are the Executive Committee members, or ECs?

By now, you have had the opportunity to engage with KASC 15's dedicated and passionate ECs. International Student Conferences' programs continue to distinguish themselves from other summer exchange opportunities in that they are entirely student-led in nature. When we say "student-led", we mean it! Ranging from the transportation and meals to the panelists and roundtable topics, nearly every aspect of KASC is planned and executed by ECs.

Are you passionate about KASC? Interested in getting hands-on experience with planning an international conference? Looking for a professional development opportunity that will allow you to engage with leading academics, prominent government officials, and up-and-coming entrepreneurs in the realm of US-ROK relations? Then becoming a KASC 15 EC member might be right for you!

Key Responsibilities:

- Recruitment for KASC 16: Collaborate with your fellow ECs to develop and implement a recruitment strategy; design and distribute promotional materials (i.e. posters, recruitment emails, social media posts); facilitate information sessions; process KASC 16 applications.
- Site Planning & Logistics: Upon selecting the Conference theme and sites, you will organize the Conference programming (i.e. panels, tours, receptions, and cultural fields trips) in addition to coordinating Conference logistics (i.e. lodging, transportation between sites, catering) while ensuring that the Conference stays within ISC's allocated budget.
- Coordinate Roundtables (RTs): Plan and execute RT meetings; provide your RT cohort with guidance and facilitate meaningful discussion as you prepare your peers for the Final Forum.



Traits of an EC

- Strong communication skills: ECs work closely with ISC's partners, third-party vendors, and their fellow ECs. Much of this communication is accomplished over email, phone, and video calls (and often across multiple time zones). Strong written and verbal communication skills are paramount!
- Team Player: ECs work collaboratively and cooperatively with one another to organize a one-of-a-kind conference for delegates. ECs are open-minded and value the insights of their peers. They respect the opinions of their fellow ECs, remaining understanding of their commitments outside of KASC, and remain supportive while offering constructive feedback to the group throughout the conference planning process.
- Problem Solver: A successful EC is skilled at adapting to the challenges and overcoming the logistical obstacles that are inherent in the planning of any conference. They are motivated to seek innovative solutions and new opportunities for KASC to grow and improve.
- Personable & Approachable: ECs are the delegates' primary point of contact leading up to and during the KASC. Prospective ECs should be comfortable with being "the face" of the Conference and possess strong interpersonal skills (or be looking to improve upon them!)
- Passionate about KASC: An EC should be passionate about providing the KASC 15 delegates with a Conference experience that is just as enriching and inspiring as their own!



Time Commitment & Availability:

In many ways, being an EC is similar to a professional internship and should be approached as such. ECs are expected to commit approximately one year (from August 2022 to August 2023) to KASC. ECs will actively prepare for the Conference over the course of the 2022-2023 Academic Year and finalize Conference preparations over Summer 2023 before participating in KASC 16. Generally speaking, ECs should anticipate devoting approximately 7 hours per week to Conference development (although this figure can increase or decrease based on the individual and time of year).

With this in mind, those considering running for EC should take their own unique situation (i.e. internships, upcoming graduation, summer 2023 availability, on-campus duties, semester course load, financial ability to participate in KASC) into consideration.

Professional Development

Being an EC is a truly transformative experience for students both personally and professionally. ECs will have the invaluable opportunity to hone their cross-cultural communication skills, develop leadership acumen, and network with premier individuals in the field of US-Asia relations. They play a central, irreplaceable role in the planning and execution of the Conference. KASC would simply be impossible without ECs. Because of this, we at ISC believe that the EC experience provides students with the opportunity to not only develop a practical, professional skill set, but with real-world experiences that rival the average internship. Being an EC is as rewarding as it can be challenging, and at times you will wear "many hats" that require you to apply different skills and different ways of thinking.



EC Positions:

There are two openings for each of the following positions: one opening for the American Executive Committee and the other for the Korean Executive Committee. While all EC positions share a number of responsibilities (i.e. site planning; guiding RT discussions; assisting with recruitment), the following distinctions can be made more broadly:

- Chair: Acts as the primary liaison between the ECs and ISC; oversees the Committee's planning and progress; determines and upholds deadlines for the Committee and the delegates; fills in when other ECs have former commitments.
- Vice Chair: Supports the Chair in their duties; acts as Chair when the Chair is unavailable; schedules and assists in managing EC meetings; mediates EC discussions; coordinates application review; handles applicant/delegate logistics; oversees the development of social media, promotional material, etc.
- Treasurer: Manages EC books and the Conference budget; updates budget documents regularly; collects receipts and processes reimbursements; works with ISC staff on financial matters; ensures Conference site planning stays within the allotted budget.
- Marketing Chair: Assists and provides support for all other EC members when needed. Helps organize, write, and edit emails, social media content, and official documents. Tasks completed by the Marketing Chair specifically vary according to different stages of Conference planning.
- Recruitment Chair: Oversee recruitment efforts by ECs; keeps track of EC outreach; guides ECs in using effective methods of communication (i.e. email templates; phone calls with professionals, etc.); provides recruitment updates to ISC staff; manages the ISC website application portal.



Eligibility:

ISC is dedicated to remaining student-led in nature. Students entering their Sophomore, Junior, and Senior year are welcome to run for an EC position. Delegates who will be continuing their studies as a part-time or full-time graduate student during the 2022-2023 Academic Year are still considered eligible to run in EC elections. Recent graduates (who were accepted to KASC during their senior year) are eligible on a case by case basis.

Questions?

Feel free to reach out to any of the KASC 15 ECs or ISC representatives to ask about EC responsibilities and commitments.

Please note that due to the unique format of this year's conference, KASC 15's ECs will be more than happy to provide active guidance.



Virtual Conference Rules and Expectations

To ensure the professionalism of the conference, KASC has specified a set of guidelines and precautions below. Any violation of these precautions will lead to consequences that, depending on the severity of the violation, may result in the delegate's immediate termination from the conference without a refund.

Rules and Expectations

- 1. Executive Committee: Delegates are expected to follow the instructions of the Executive Committee at all times during the virtual conference. If a delegate has any questions, requests, or concerns, please direct them to an Executive Committee member.
- 2. Attendance: With the exception of cases where a student is ill or has received permission from one of the Executive Committee members, delegates must attend all events and activities listed in the schedule or announced by the Executive Committee.
 - a. The agenda specifies the latest possible end of the call. Please note that there may be days that the call ends early.
- 3. Language: KASC is officially an English-speaking conference. English, the accepted international language, is to be spoken at all official conference activities and events and is encouraged in private conversations as well, for inclusivity purposes. That being said, the Executive Committee recognizes that English is not the native language for all delegates, and the ECs appreciate delegates' efforts in helping everyone understand each other at all times. Please feel free to ask for clarification and assist each other in facilitating language for the duration of the conference.



Virtual Conference Rules and Expectations

- 4. Attire: KASC is a professional and academic conference. Delegates are expected to join the conference in attire that is professional and respectful of speakers and fellow delegates.
 - a. Business Professional
 - For attending formal events with dignitaries, leaders, and prominent speakers
 - Full suits in dark colors (e.g. black, navy blue, dark gray)
 - Can include: Suit jacket, tie, dress shirt, and blouse
 - Dressing in business professional attire is an important part of the KASC experience and reflects highly on the group as a whole. When preparing your business professional attire, please be mindful of the above criteria and note that any delegates who do not meet the appropriate standards of attire will be asked to change.

b. Business Casual

- For attending semi-formal events with leaders and speakers
- Neutral colors preferred and avoid bright patterns
- Can include: Button-up shirts, nice dresses, and blouses

c. Casual

- For certain days during the virtual and in-person portions of the conference
- Delegates will be informed beforehand on days where casual attire is appropriate
- Dress comfortably and express your personal style but remember that as a delegation and group of students you are a representative of KASC and your peers. Please dress appropriately!



Virtual Conference Rules and Expectations

- 5. Communication: KASC 15 will be utilizing KakaoTalk as the main form of communication throughout the conference. Delegates are expected to regularly check the KASC 15 Group Chat for updates and discussions.
 - a. Please refer to "Guide To KakaoTalk" for details regarding app logistics and usage.

6. Virtual Conference Etiquette:

- a. Delegates are expected to join the Zoom call at least 10 minutes prior to the first event on the daily agenda. This is to respect the time of the speakers, and to ensure that everyone is ready to begin at the indicated time.
- b. Background Etiquette: KASC 15 will be providing a custom KASC background for Zoom. While it is not required to use this background, the Executive Committee encourages delegates to utilize this resource. All backgrounds are expected to be clear of any distractions.

c. Speaking on Zoom:

- In order to speak during the conference, please utilize the "raised hand" icon on Zoom. The Executive Committee members will be facilitating questions to ensure that each question is heard in a professional manner.
- If a delegate is not speaking during the conference, they are expected to mute their mics. This is to prevent any auditory distractions for the other delegates and the speaker.
- During the conference hours, please mute any alarms and notifications on phones and computers.



Roundtable Groups

Roundtable	RT Leaders	RT Members
Society/ Social Justice	Abhi, Iyana, Seoyoun	Anna, Eunjin, Yosep
Nature/ Environment	Gina, Laurel, Yujung	Cameron, Jae Eun, Yong-uk
History	Suds, Yeryeong	Gabi, Han Wool, Tessa

During the virtual conference, delegates are expected to actively work with their Roundtable (RT) Groups to select a more specific, researchable subject from the broad RT topics. The assigned RT Leaders ECs will help the meeting proceed, but the delegation will take action on the fundamental decisions and progress of the work. In addition to the time during the allocated conference, RT group members can freely share their opinions through messages or video meetings.

The Final Forum will be held on the last day of the conference. The presentation can be made in a free format depending on the RT group. RT Group can make a presentation what they discuss about with the RT members and what they organized based on the research.



Daily Schedule

Please note that exact details of schedule may change due to speaker availability. Speaker information will be sent out to delegates in July, before the start of Summer Conference.

Day 1-July 11th EST / July 12th ROK

PST	EST	KST	Agenda
5:00-6:00 PM	8:00-9:00 PM	9:00-10:00 AM	KASC Overview
6:00-7:00 PM	9:00-10:00 PM	10:00-11:00 AM	EC Introduction
7:00-7:30 PM	10:00-10:30 PM	11:00-11:30 AM	Ice Breakers

Day 2-July 12th EST / July 13th ROK

PST	EST	KST	Agenda
5:00-7:00 PM	8:00-10:00 PM	9:00-11:00 AM	KASC Families Introduction
7:00-7:30 PM	10:00-10:30 PM	11:00-11:30 AM	Ice Breakers

Day 3-July 13th EST / July 14th ROK

PST	EST	KST	Agenda
5:00-6:00 PM	8:00-9:00 PM	9:00-10:00 AM	RT Overview
6:00-7:00 PM	9:00-10:00 PM	10:00-11:00 AM	RT Activity
7:00-7:30 PM	10:00-10:30 PM	11:00-11:30 AM	Competitive RT Ice Breaker



Day 4-July 18th EST / July 19th ROK

PST	EST	KST	Agenda
5:00-6:00 PM	8:00-9:00 PM	9:00-10:00 AM	Opening Remarks
6:00-7:00 PM	9:00-10:00 PM	10:00-11:00 AM	Group Norms
7:00-7:30 PM	10:00-10:30 PM	11:00-11:30 AM	Delegate introductions, ice- breakers, and Q & A session

Day 5-July 19th EST / July 20th ROK

PST	EST	KST	Agenda
5:00-6:00 PM	8:00-9:00 PM	9:00-10:00 AM	Lecture and Q&A
6:00-7:00 PM	9:00-10:00 PM	10:00-11:00 AM	Small Group Discussion
7:00-7:30 PM	10:00-10:30 PM	11:00-11:30 AM	Virtual Room Tour

Day 6-July 20th EST / July 21th ROK

PST	EST	KST	Agenda
5:00-6:00 PM	8:00-9:00 PM	9:00-10:00 AM	Lecture and Q&A
6:00-7:00 PM	9:00-10:00 PM	10:00-11:00 AM	RT Time
7:00-7:30 PM	10:00-10:30 PM	11:00-11:30 AM	RT Topic #2



Day 7-July 21th EST / July 22th ROK

PST	EST	KST	Agenda
5:00-6:00 PM	8:00-9:00 PM	9:00-10:00 AM	Lecture and Q&A
6:00-7:00 PM	9:00-10:00 PM	10:00-11:00 AM	Small Group Discussion
7:00-7:30 PM	10:00-10:30 PM	11:00-11:30 AM	RT Time

Day 8-July 25th EST / July 26th ROK

PST	EST	KST	Agenda
5:00-6:00 PM	8:00-9:00 PM	9:00-10:00 AM	Lecture and Q&A
6:00-7:00 PM	9:00-10:00 PM	10:00-11:00 AM	Cooking Demo & Interview
7:00-7:30 PM	10:00-10:30 PM	11:00-11:30 AM	Small Group Discussion & Recipe Exchange

Day 9-July 26th EST / July 27th ROK

PST	EST	KST	Agenda
5:00-6:00 PM	8:00-9:00 PM	9:00-10:00 AM	Lecture and Q&A
6:00-7:00 PM	9:00-10:00 PM	10:00-11:00 AM	Small Group Discussion and RT Topic #3
7:00-7:30 PM	10:00-10:30 PM	11:00-11:30 AM	RT Time



Day 10-July 27th EST / July 28th ROK

PST	EST	KST	Agenda
5:00-6:00 PM	8:00-9:00 PM	9:00-10:00 AM	EC Election Announcement
6:00-7:00 PM	9:00-10:00 PM	10:00-11:00 AM	RT Time
7:00-7:30 PM	10:00-10:30 PM	11:00-11:30 AM	Timeline activity to prepare for Kristy

Day 11-July 28th EST / July 29th ROK

PST	EST	KST	Agenda
5:00-6:00 PM	8:00-9:00 PM	9:00-10:00 AM	Lecture and Q&A
6:00-7:00 PM	9:00-10:00 PM	10:00-11:00 AM	RT Topic #4
7:00-7:30 PM	10:00-10:30 PM	11:00-11:30 AM	Cultural Exchange Activity

Day 12-August 1st EST / August 2nd ROK

PST	EST	KST	Agenda
5:00-6:00 PM	8:00-9:00 PM	9:00-10:00 AM	Lecture and Q&A
6:00-7:00 PM	9:00-10:00 PM	10:00-11:00 AM	Small Group Discussion (Guess the KASC baby)
7:00-7:30 PM	10:00-10:30 PM	11:00-11:30 AM	Break & RT Time



Day 13-August 2nd EST / August 3rd ROK

PST	EST	KST	Agenda
5:00-6:00 PM	8:00-9:00 PM	9:00-10:00 AM	Strengths session workshop
6:00-7:00 PM	9:00-10:00 PM	10:00-11:00 AM	Strengths session workshop
7:00-7:30 PM	10:00-10:30 PM	11:00-11:30 AM	Break & RT Time

Day 14-August 3rd EST / August 4th ROK

PST	EST	KST	Agenda
5:00-6:00 PM	8:00-9:00 PM	9:00-10:00 AM	RT Time
6:00-7:00 PM	9:00-10:00 PM	10:00-11:00 AM	KASC 16 EC Elections
7:00-7:30 PM	10:00-10:30 PM	11:00-11:30 AM	Announce Election Resultss

Day 15-August 4th EST / August 5th ROK

PST	EST	KST	Agenda
5:00-7:00 PM	8:00-10:00 PM	9:00-11:00 AM	Final Forum
7:00-7:30 PM	10:00-10:30 PM	11:00-11:30 AM	Virtual Closing Ceremony & Goodbyes



Speaker Biographies during Conference



Day 5-Vincent Flores



Title: Regional Educational
Advising Coordinator
(REAC) for Northeast Asia
and the Pacific,
EducationUSA

Vincent (Vinnie) Flores is the EducationUSA Regional Educational Advising Coordinator for Northeast Asia and the Pacific. His region covers Japan, Korea, Mongolia, Taiwan, and the Pacific Islands.

Originally from Sinajana, Guam, Vincent first came to Korea as a taekwondo competitor, and eventually returned as a Fulbright grantee in 2000. He has lived in South Korea for 17 years working in various positions in the field of education, including over eight years teaching in the city of Pohang, and as an EducationUSA advisor and the English Program Manager at the Korea Fulbright Commission.

Throughout his career, Vincent has worked extensively to build youth programs that encourage creativity, provide unique educational opportunities, and promote cultural exchange. He is particularly interested in building educational opportunities in alternative markets outside of capital cities, and for underserved communities.

Countries: Japan, Korea, Mongolia, Taiwan, Pacific Islands



Day 6-Andrew Yeo



Title: Senior Fellow and SK-Korea Foundation Chair in Korea Studies

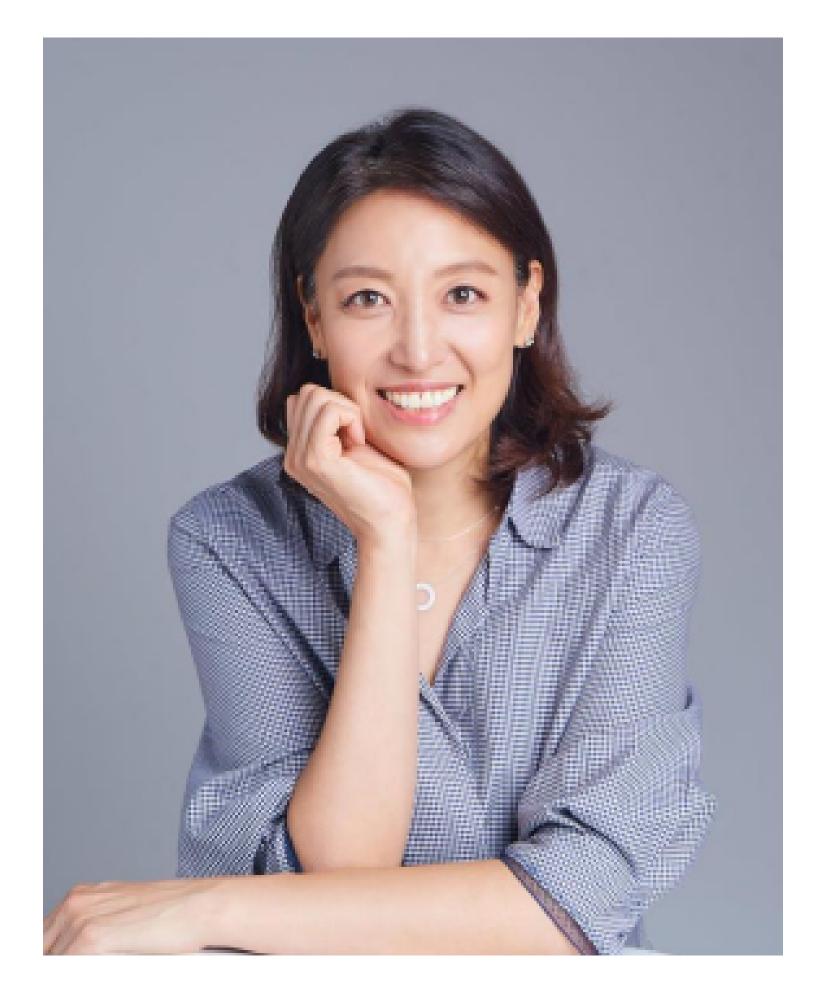
Andrew Yeo is a Senior Fellow and the SK-Korea Foundation Chair at the Brookings Institution's Center for East Asia Policy Studies. He is also a Professor of Politics at The Catholic University of America in Washington, D.C.

In addition to his most recent book, State, Society, and Markets in North Korea (Cambridge University Press), he is the author or co-editor of four other books: Asia's Regional Architecture: Alliances and Institutions in the Pacific Century (Stanford University Press, 2019), North Korean Human Rights: Activists and Networks (Cambridge University Press 2018); Activists, Alliances, and Anti-U.S. Base Protests (Cambridge University Press 2011); and Living in an Age of Mistrust: An Interdisciplinary Study of Declining Trust in Contemporary Society and Politics and How to Get it Back (Routledge Press 2017).

His research and teaching interests include international relations theory, East Asian regionalism, Asian security, narratives and discourse, the formation of beliefs, ideas, and worldviews, civil society and democracy, social and transnational movements, overseas basing strategy, Korean politics, and North Korea. In 2020, he was a Fulbright senior scholar in the Philippines. He received his Ph.D. in Government from Cornell University, and BA in Psychology and International Studies from Northwestern University.



Day 8-Lisa Son



Title: Professor of Psychology

Lisa Son is a professor of cognitive psychology at Barnard College in New York City.

Her research centers on metacognition, optimal learning, and memory.

She received her BA from the University of Pennsylvania and her MA and PhD from Columbia University. Born and raised in the United States, Son has maintained active ties to her ancestral South Korea as an educator and individual.

She earned multiple Fulbright scholarships to pursue research projects in Korea, including her recently-published book written in Korean, 메타인지 학 습법 (Metacognition: The Thinking Parent Makes the Thinking Child), which focuses on the science of metacognition—how we think about what we think.

In response to the rise in anti-Asian attacks during the pandemic, Son delivered a speech at a #StopAsianHate rally in Millburn, New Jersey, wrote an op-ed titled "Stop Treating Asians as a Monolith," and spoke in various interviews and lectures on the psychology of activism, racial stereotypes, and the challenges that Asian Americans face.



Day 8-Jamesy World



To learn more about Jamesy,

• Youtube Channel : @Jamesyworld 젬쓰야

• Website: www. cookingmyfeelings.com

• Instagram: @jamesyworld

Title: Chef/ Youtube Creator

I am an emotional eater, I am America's Next Foodporn Star (NOT Food Porn star. Big difference right here!), and I am your bubbly, animated personality, hoping to be one of your favorites.

And I am here to tell you that you should cook and eat your feelings with me!

Cooking My Feelings is all about celebrating and discovering ourselves, our feelings, and our own flavors by cooking and eating delicious foods. I found my confidence and my unique "flavors" (you know those special spice blends that make YOU who YOU are) by cooking, eating, and exploring through the lens of food. I want to inspire you to do the same.



Day 9-Katy Oh



Title: Independent Scholar

Dr. Kongdan (Katy) Oh is an independent scholar.

She was formerly a Senior Asia Specialist at the Institute for Defense Analyses (1997-2021), a Non-Resident Senior Fellow at the Brookings Institution (1997-2016), and a member of Political Science the Department of the RAND Corporation (1987-1995). She has taught courses at the University of California, San Diego, George Washington University, and the University

of Maryland Global Campus in Asia. She is a lifetime member of the Council on Foreign Relations, the Board of Directors of the United States Committee of the Council for Security Cooperation in the Asia-Pacific, and the Board of Directors of the Korea Economic Institute of America, and she is the cofounder and former co-director of The Korea Club of Washington, D.C. She has authored, co-authored, and edited 8 books and numerous research monographs, articles, and book chapters.

She has briefed top policymakers of the United States, South Korea, Japan, Singapore, Australia, Canada, France, Sweden, and the United Kingdom. She is fluent in Korean, Japanese, and Chinese, and can communicate in French, German, Italian and Spanish. Following her most recent book, North Korea in a Nutshell: A Contemporary Overview (Rowman & Littlefield, 2021), her Korean language memoir was published in June 2022.

Day 9-Keith Luse



Title: Executive Director of the National Committee on North Korea

Luse Keith became Executive Director of the National Committee on North Korea in July 2014. Previously, Luse was the Senior East Asia Policy for Advisor Chairman later and Ranking Member Senator Richard G. Lugar

at the U.S. Senate Foreign Relations Committee from 2003 until 2013. Luse was also Staff Director for Senator Lugar at the Senate Agriculture Committee from 1999 through 2002, where the Senator also served as Chairman and later Ranking Member. During fourteen years of working for Senator Lugar in Washington, Luse had numerous meetings and interactions with North Korean officials inside North Korea and in the United States.

Luse's first trip to North Korea in 2003 related to the transparency of distribution of U.S. food aid inside the country. On later visits to Pyongyang, Yongbyon and other parts of North Korea, topics of focus included the nuclear issue, food and nutritional assistance, North Korean human rights, and American POWs from the Korean War, among others. In the Senate, Luse worked on North Korea-related legislation and other action by the Senate regarding these and additional North Korea issues. Luse's Bachelor of Arts degree in political science is from Indiana University. His graduate certificate in public management and additional graduate studies were obtained at Indiana University – Purdue University, Indianapolis.



Day 11-Kristy Ishii



Title: Career Transitions and Mindset Coach, Kristy Mariko Coaching LLC

Kristy Ishii is a fifth generation Japanese American, who has over 6 of experience working internationally as a community leader, JET English Teacher, and full cycle executive recruiter in Japan. She works virtually from Los Angeles, as a Holistic Career Transitions and Wellness(Mindset) Coach. She is most known for helping clients get in touch with their inner wisdom, joy, self-care & wellness, while in career in transition phase.

She helps change patterned belief systems that are holding people back from success, by guiding them through mindset modules, which helps people gain clarity and realign with their roots and identities in life, relationships, and career. She holds a BA from UCLA, as well as a coaching certificate from Alyssa Nobriga's Institute of Coaching Mastery.

Instagram: @kristymariko

LinkedIn: https://www.linkedin.com/in/nikkeigosei/

YouTube: https://www.youtube.com/channel/UCa8KDWP-k1FIrHrDxNa1MEg

Twitter: https://twitter.com/kristyishii

TikTok: https://www.tiktok.com/@kristymariko

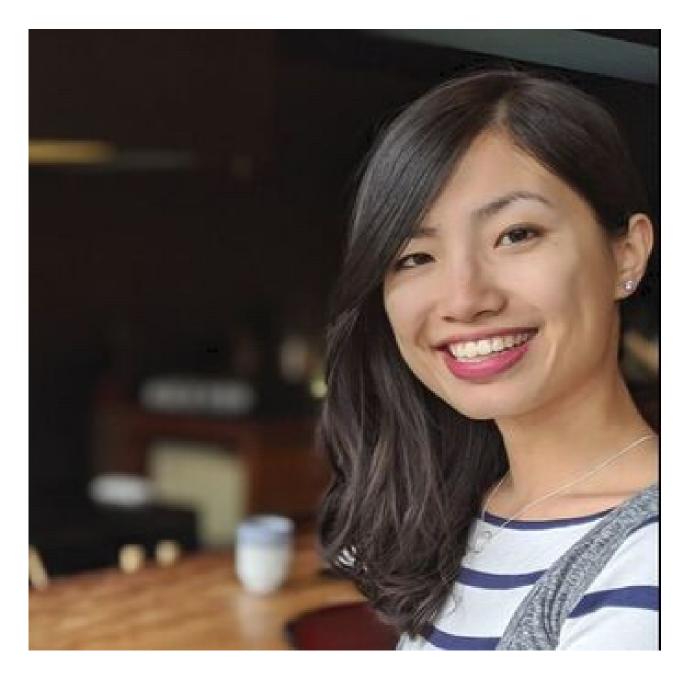
Other Links: Be Brave & Bold Podcast:

https://open.spotify.com/episode/0HAbSOabL85iHHHBYyoBUL?

si=OptyXPTITsWUmgXwe1wFPQ

Kristy Mariko Coaching Website: https://www.kristymariko.com/1-1-coaching

Day 12-Kathy Lui



Title: Co-Founder of the Immigrant History Initiative (IHI)

The Immigrant History Initiative is a non-profit organization founded in 2017 by two Asian American women passionate about bringing immigrant histories, like those from their own communities, into the mainstream. We understand the deep power that learning one's own history can have on identity development, mental health, civic engagement, and community advocacy.

The Immigrant History Initiative (IHI) is led by founders Julia Chang Wang and Kathy Lu, two Yale Law School graduates. As children of immigrants, we grew up knowing next to nothing about our heritage in the United States. The recent resurgence of xenophobia has prompted us to think deeply about how we talk, teach, and think about migration and race as a society. We started IHI to teach about erased and whitewashed immigrant experiences from history that can help us understand our current day. Our organization seeks to preserve these narratives for generations to come.

Immigrant History Initiative works with families, schools, and organizations to share this knowledge and design thoughtful, anti-racist programs and workshops for people from all walks of life. We also develop curricula, train educators, and create free educational resources. Currently, our work focuses on engaging with and empowering Asian American communities.